



*Living out faith in our community
through prayer, reflection and action*

Celebrating Communion



Season of Lent

(Scottish Liturgy 1982)

Fourth Sunday in Lent

10th March 2024

Scottish Episcopal Church
Diocese of Edinburgh

Lenten Chant

Take, O take me as I am;
summon out what I shall be;
Set your seal upon my heart and live in me.

Welcome

Grace and peace to you from God our Creator
and the Lord Jesus Christ. **Amen.**

Opening Hymn

Hon 366

O God, our help in ages past
Our hope for years to come
Our shelter from the stormy blast
And our eternal home

Beneath the shadow of thy throne
Thy saints have dwelt secure
Sufficient is thy arm alone
And our defense is sure.

Before the hills in order stood
Or earth received her frame
From everlasting thou art God
To endless years the same

A thousand ages in thy sight
Are like an evening gone
Short as the watch that ends the night
Before the rising sun.

Time, like an ever-rolling stream,
Will bear us all away;
We fade and vanish, as a dream
Dies at the opening day.

O God, our help in ages past
Our hope for years to come
Be thou our guard while troubles last
And our eternal home.

Collect for Purity.

Almighty God, to whom all hearts are open,
all desires known, and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Summary of the Law

Our Lord Jesus Christ said:
The first commandment is this:
“Hear, O Israel, the Lord our God is the only Lord.
You shall love the Lord your God
with all your heart, with all your soul,
with all your mind
and with all Your strength.”
The second is this:
“Love your neighbour as yourself.”
There is no other commandment greater than these.
Amen. Lord, have mercy.

Confession & Absolution

God is love and we are his children.
There is no room for fear in love.
We love because he loved us first.

Let us confess our sins in penitence and faith.

Silence

**God our Father, we confess to you
and to our fellow members in the Body of Christ
that we have sinned in thought, word and deed,
and in what we have failed to do.**

We are truly sorry.

**Forgive us our sins,
and deliver us from the power of evil,
for the sake of your Son who died for us,
Jesus Christ, our Lord.**

God, who is both power and love,
forgive *us* and free *us* from *our* sins,
heal and strengthen *us* by his Spirit,
and raise *us* to new life in Christ our Lord. **Amen.**

Kyrie

Kyrie eleison. Christe eleison. Kyrie eleison, eleison, eleison.
(Lord, have mercy, Christ have mercy, Lord, have mercy)

Collect of the day Fourth Sunday in Lent

Almighty God grant that we, who are weighed down with our sins, may be relieved and encouraged by your grace; through Jesus Christ, our Lord who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. Amen.

LITURGY OF THE WORD: we listen and respond to God

Old Testament Reading : Numbers 21: 4-9 read by Felicity Murdanaigum

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God

and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.” Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, “We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us.” So Moses prayed for the people. And the LORD said to Moses, “Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.” So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Psalms 107, 1-3, 17-22 led by Felicity Murdanaigum

¹O give thanks to the LORD, for he is good; for his steadfast love endures forever.

²**Let the redeemed of the LORD say so, those he redeemed from trouble**

³and gathered in from the lands, from the east and from the west, from the north and from the south.

¹⁷**Some were sick through their sinful ways, and because of their iniquities endured affliction;**

¹⁸they loathed any kind of food, and they drew near to the gates of death.

¹⁹**Then they cried to the LORD in their trouble, and he saved them from their distress;**

²⁰he sent out his word and healed them, and delivered them from destruction.

²¹**Let them thank the LORD for his steadfast love, for his wonderful works to humankind.**

²²And let them offer thanksgiving sacrifices, and tell of his deeds with songs of joy.

New Testament Reading Ephesians 2: 1-10 read by Felicity Murdanaigum

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ — by grace you have been saved — and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God — not the result of

works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Gradual Hymn

Hon 27

Amazing grace, how sweet the sound
That saved a wretch like me
I once was lost, but now am found
Was blind, but now I see

'Twas grace that taught my heart to fear
And grace, my fears relieved
How precious did that grace appear
The hour I first believed

Through many dangers, toils and snares
I have already come.
'Tis grace hath brought me safe thus far,
And grace will lead me home.

The Lord has promised good to me,
His word my hope secures;
He will my shield and portion be
As long as life endures.

When we've been there ten thousand years
Bright shining as the sun
We've no less days to sing God's praise
Than when we've first begun

Gospel John 3: 14-21 read by Frank Alexander

When announced: **Praise to Christ our Saviour**

And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not

perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

At end: Give thanks to the Lord for his glorious Gospel.
Praise to Christ our Lord.

Reflection

Affirmation of Faith

**We believe in one God, the Father, the almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one substance with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son, he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions

Peace

We meet in Christ's name
Let us share his peace

THE LITURGY OF THE SACRAMENT

Offertory Hymn

Hon 346

My song is love unknown, my Savior's love to me
Love to the loveless shown, that they might lovely be
Oh, who am I that for my sake
My Lord should take frail flesh and die?

He came from his blest throne salvation to bestow
But sin made blind, and none the longed-for Christ would know
But O, my friend, my friend indeed
Who at my need, His life did spend

Sometimes they strew His way and His sweet praises sing
Resounding all the day, hosannas to their King
Then, "Crucify!" is all their breath
And for His death they thirst and cry

Why, what has my Lord done? What makes this rage and spite
He made the lame to run, and gave the blind their sight
Sweet injuries, yet they are these
themselves displease, and 'gainst him rise.

They rise, and needs will have my dear Lord made away
A murderer they save, the Prince of Life they slay
Yet cheerful he to suff'ring goes,
That he his foes from thence might free.

Here might I stay and sing, no story so divine;
Never was love, dear King, never was grief like thine.
This is my friend in whose sweet praise
I all my days could gladly spend.

**Yours, Lord, is the greatness, the power, the glory,
the splendour, and the majesty;
for everything in heaven and on earth is yours.
All things come from you, and of your own we give you.**

Eucharistic Prayer

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

Worship and praise belong to you,
maker of light and darkness.
Your wisdom draws beauty from chaos,
brings a harvest out of sorrow
and leads the exiles home.

In Christ your Son enemies are reconciled,

debts forgiven
and strangers made welcome

Your Spirit frees us
to live as sons and daughters
in our Father's house.

We who by Christ's power
follow the way of the Cross,
sharing the joy of his obedience,
now offer you our praise,
with angels and archangels
and the whole company of heaven
singing the hymn of your unending glory:

**Holy, Holy, Holy Lord,
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Glory and thanksgiving be to you,
most loving Father,
for Christ in whom the world is reconciled.
Lifted on the Cross,
his suffering and forgiveness
spanned the gulf our sins had made.
Through that dark struggle
death was swallowed up in victory,
that life and light might reign.

Before he was given up to suffering and death,
recalling the night of Israel's release,
the night in which the sons of Egypt died,
your Chosen One, himself the First-Born,

freely offered his life.

At supper with his disciples
he took bread and offered you thanks.
He broke the bread, and gave it to them, saying:
“Take, eat. This is my Body: it is broken for you.”

After supper, he took the cup,
he offered you thanks,
and gave it to them saying:
“Drink this, all of you.
This is my Blood of the new covenant;
it is poured out for you, and for all,
that sins may be forgiven.
Do this in remembrance of me.”

We now obey your Son's command.
We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.
Made one with him, we offer you these gifts
and with them ourselves,
a single, holy, living sacrifice.

Hear us, most merciful Father,
and send your Holy Spirit upon us
and upon this bread and this wine,
that, overshadowed by his life-giving power,
they may be the Body and Blood of your Son,
and we may be kindled with the fire of your love
and renewed for the service of your Kingdom.

**Help us, who are baptised
into the fellowship of Christ's Body,
to live and work to your praise and glory;
may we grow together in unity and love**

until at last, in your new creation,
we enter into our heritage,
in the company of the Virgin Mary,
the apostles and prophets, Martin
and of all our brothers and sisters
living and departed.

Through Jesus Christ our Lord,
with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be to you, Lord of all ages,
world without end. **Amen.**

Breaking of the Bread

The living bread is broken for the life of the world.
Lord, unite us in this sign.

The Lord's Prayer sung



The musical score for 'The Lord's Prayer' is presented in three systems. The first system is a single line of music in bass clef with a key signature of one flat (B-flat), containing the lyrics 'As our Saviour has taught us, so we pray:'. The second system is a piano accompaniment in G major (one sharp, F#) and 4/4 time, featuring a treble and bass staff with the lyrics 'Our Father in heaven, hallowed be your Name, your king-dom come,'. The third system continues the piano accompaniment with the lyrics 'Your will be done, on earth as in hea-ven Give us to-day our dai - ly bread:'. The music is written in a simple, hymn-like style with block chords and moving lines in both hands.

As our Saviour has taught us, so we pray:

Our Father in heaven, hallowed be your Name, your king-dom come,

Your will be done, on earth as in hea-ven Give us to-day our dai - ly bread:



Agnus Dei

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
grant us peace.

Invitation and the Sharing of Communion

Communion is shared around the altar. All are warmly invited to receive bread and wine. Alternatively, if you wish to receive a blessing, please indicate this by carrying this booklet.

Sentence

Give thanks to our gracious God,
whose mercy endures for ever.

Post Communion Prayer.

One of the following is said:

- (a) **Father, we have broken the bread which is Christ's body,
we have tasted the wine of his new life.
We thank you for these gifts
by which we are made one in him
and drawn into that new creation which is your will for all;**

through him who died for us and rose again,
your Son, our Saviour Jesus Christ. Amen.

(b) Father, your steadfast purpose
is the completion of all things in your Son.
May we who have received the pledges of the kingdom,
live by faith, walk in hope and be renewed in love,
until the world reflects your glory and you are all in all;
through Jesus Christ our Lord. Amen.

(c) Father of all, we give you thanks and praise
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love, gave us grace,
and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Junior Church Presentation (*if meeting*)

Notices

Final Hymn

Hon 26

1 Alleluia, sing to Jesus!
His the sceptre, his the throne
Alleluia! his the triumph
His the victory alone
Hear the songs of holy Zion
Thunder like a mighty flood

'Jesus out of every nation
Has redeemed us by his blood!'

2 Alleluia! not as orphans
Are we left in sorrow now
Alleluia! he is near us
Faith believes, not questions how
Though the cloud from sight received him
When the forty days were o'er,
Shall our hearts forget his promise
'I am with you evermore'?

3 Alleluia! bread of angels
thou on earth our food, our stay
Alleluia! here the sinful
flee to thee from day to day
Intercessor, friend of sinners
Earth's redeemer, plead for me
Where the songs of all the sinless
Sweep across the crystal sea

4 Alleluia! King eternal
You, the Lord of lords we own
Alleluia! born of Mary
Earth your footstool, heaven your throne
thou, within the veil have entered
Robed in flesh, our great high priest
thou on earth both priest and victim
In our eucharistic feast

THE SENDING OUT

Blessing

Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Organ Voluntary

Do join us for tea or coffee at the back of the church after our service. All are welcome.

Notices

The Lent Course, The Emotions of Jesus

An hour of reflection and discussion Each Saturday in Lent beginning at 10am.

16 March Lent 4 Compassion (Meet in Church)

23 March Lent 2 Weariness (Meet in Church)

**Memorial Service for Tony Fairlie-Clarke Friday 22nd March 1.30pm at St Martins.
Everyone Welcome**

Walter's Walk

We will start our walks for 2024 on Saturday 16th March by meeting at the Odeon, South Clerk Street, at 10.30. We'll walk over the meadows and down to St Martin's for lunch (bring your own). We'll organise the walks for the year over lunch so get your thinking caps on. Try and think of walks suitable for all abilities. If you can't come on the walk please join us for lunch with your walking suggestions.

Liz Moir

Coffee Morning in Aid of St Eleanor's Orphanage. - Saturday 23 March 11 - 12.30

We will be holding a fund-raising coffee morning with home baking in aid of Eleanor's Orphanage in Liberia on **Saturday 23 March**. We have supported Eleanor and the young people she looks after for some years and they are very appreciative of our donations. (If you are able to contribute home baking in advance that would be very helpful - please let either Mrs Liz Moir or Auntie Liz know.) Please come and bring friends! It's always a sociable occasion so do come along.

The Eco Group

Lent walks along the Fife Pilgrim Way

Duncan Weaver, Chaplain to the Fife Pilgrim way is organising a series of Lenten walks to which we are invited. He writes,

Following on from the enthusiasm and positive comments of those who came on the 2nd Jan I am organising some shortish walks during the weeks of Lent. They will

have a Lentern theme, and they will hopefully give us an opportunity to be with others in the great outdoors to take some exercise and to reflect on our lives. Each walk will end at the church where there we will have some refreshments and then we will have a short 10-minute service. Please book for each event on the trybooking website. You can either use the bus system to return to the start or seek to share cars with others.

Thursday March 14th Cairneyhill to Dunfermline 4 miles

<https://www.trybooking.com/uk/DAIL>

Tuesday March 19th Carigtoun to Ceres 6 miles

<https://www.trybooking.com/uk/DAIM>